

**Organisation:** Home Group – Wellbeing & Recovery Service

**Location:** Community-based group (Spennymoor area)

**Time Commitment:** Tuesday's (group operates between 10:00am and 12:45pm)

**Role Type:** In-person

### **About the Role**

Home Group's Wellbeing & Recovery Service supports people with mental health needs to build confidence, independence and connections within their community. Our open-access groups offer a friendly welcoming space filled with creative, social and wellbeing-focused activities.

We're looking for enthusiastic volunteers to help us deliver these sessions and support customers to get the most out of their time with us.

### **What You'll Be Doing**

- Assisting with the delivery of group activities based on our monthly activity schedule
- Encouraging and supporting customers to get involved in sessions
- Helping with the rollout of the Home Achievement Programme (HAP) within the groups
- Contributing to a positive, inclusive and engaging atmosphere

### **About the Service**

Our group offers:

- Weekly activities and themed sessions
- Arts, crafts, courses, and workshops
- Guest speakers
- Games and gaming
- Free refreshments and food options
- Advice, guidance and social connection

There's no referral needed, individuals can come as often or as little as they choose.

### **What We're Looking For**

You don't need professional experience — just kindness, reliability and a willingness to support adults with mental health needs in a relaxed community setting. If you enjoy social interactions and want to make a real difference, we'd love to hear from you.

### **What You'll Gain**

- Experience supporting people in a wellbeing/mental health setting
- Opportunities to build confidence and transferable skills
- Training and support from Home Group
- The chance to be part of a friendly, supportive team
- The satisfaction of genuinely helping others

Please note this role will be subject to a DBS check.

### **How to Apply**

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