

Organisation: Home Group – Wellbeing & Recovery Service, Community Gardens.

Locations: Ferryhill • Horden • Consett

Time Commitment: Flexible

Role Type: Outdoor, Community

About the Role

Home Group's Wellbeing & Recovery Service runs several community garden projects across County Durham. These gardens provide a calm, friendly and engaging outdoor space where customers can improve wellbeing, learn new skills and help shape a shared allotment space — everyone has a say and every idea matters.

Whether you're green-fingered, practical, or simply enjoy a friendly chat over a cup of tea, there is a place for you in our Community Gardens.

What You'll Be Doing

As a Community Garden Volunteer, you might support with:

- Planting, growing and tending to fruit, vegetables or flowers
- Showing customers how to grow fruit, vegetables & flowers
- Encouraging and supporting customers to develop their own gardening skills
- Maintaining and developing the garden plots
- Helping with practical tasks such as building sheds, fences, or small structures
- Creating welcoming, inclusive spaces for customers to relax and take part
- Offering friendly conversation, encouragement, and social connection
- Supporting wellbeing activities in an outdoor environment

No gardening experience is required — just an interest in being outdoors, working alongside others and contributing to a positive community space.

About the Community Gardens

Our gardens offer:

- Allotment development shaped by volunteers and customers together
- A relaxing, social environment
- Opportunities to learn new gardening and practical skills
- Space for creativity and community involvement
- Tea, chat and connection — as much as the hands-on work

What We're Looking For

We welcome volunteers who are:

- Friendly, patient and approachable
- Keen to support adults with mental health needs
- Comfortable working outdoors
- Happy to join in practical tasks at their own pace
- Reliable and willing to be part of a supportive team

What You'll Gain

- Experience in community projects and wellbeing support
- Gardening and practical skills (or the chance to develop new ones!)
- A sense of achievement from seeing your contribution grow
- A supportive and friendly volunteer community
- A meaningful way to help others improve their wellbeing

Please note this role will be subject to a DBS check.

How to Apply

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